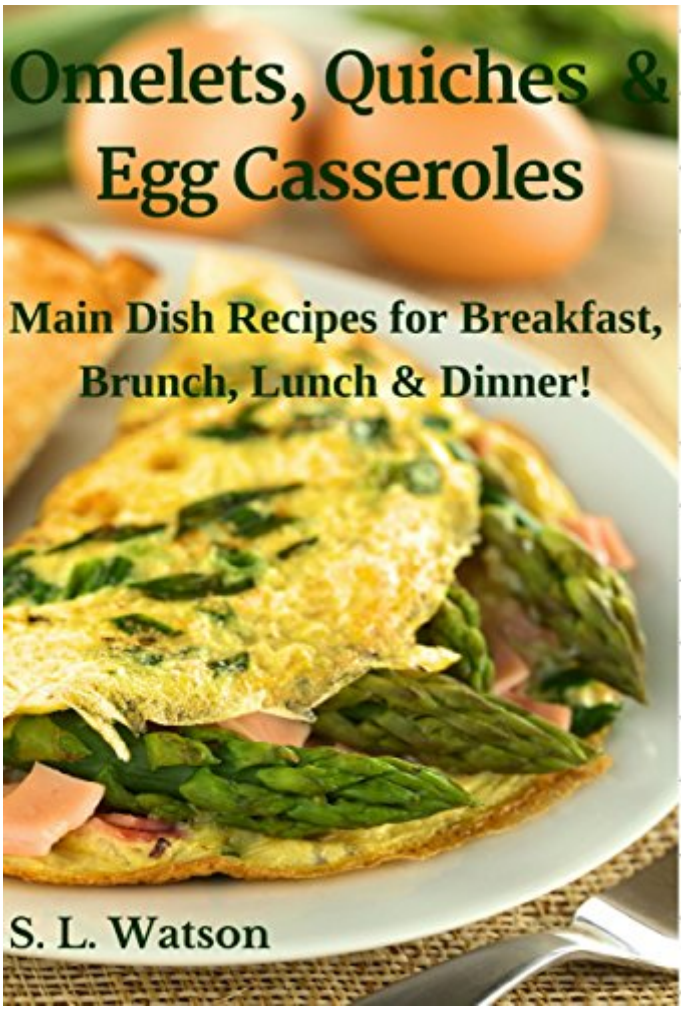
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Omelets, Quiches & Egg Casseroles: Main Dish Recipes For Breakfast, Brunch, Lunch & Dinner! (Southern Cooking Recipes Book 21)



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Synopsis

Breakfast for dinner? How many times have you eaten breakfast for dinner? When the family is starving and you need to fix a hearty quick meal, eggs are just the ticket for quick meals. Even late at night or in the wee hours of the morning, we all crave hearty egg dishes. Eggs are comfort food and most everyone loves them. Egg casseroles, quiches and omelets are not just for breakfast. I've included a wide variety of recipes for breakfast, brunch, lunch or dinner. With over 90 recipes, you can whip up a main dish meal in no time using eggs, various meats and vegetables.Quiche is easy to prepare and with frozen or store bought pie crust, you can have a quiche in the oven in no time. I've included my 2 favorite crust recipes for quiche. If you are on a low carb diet, most quiches can be baked without the crust. Spray the pan well with non stick cooking spray and add the filling. Voila! You have a lower carb quiche!

Book Information

File Size: 337 KB

Print Length: 147 pages

Simultaneous Device Usage: Unlimited

Publication Date: August 21, 2015

Sold by:Ã Â Digital Services LLC

Language: English

ASIN: B014B19C7A

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #147,707 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #10 inÃ Â Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Special Occasions > Brunch & Tea #21 inÃ Â Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Cooking by Ingredient > Meat, Poultry & Seafood > Poultry #53 inÃ Â Books > Cookbooks, Food & Wine > Cooking by Ingredient > Poultry

Customer Reviews

Since I love eggs in omelets, quiches or just about any way prepared, I am over the moon about this

cookbook. This book has all the favorite egg recipes and they sre very easy to orepare.My favorites: Basi Quiche, Mexican Tortilla Quiche, Crustless Garden Quiche (best one), French Omelet With Choice Of Fillings, Tex Mex Omelet, most of the casserole recipes...

Way to much bacon and meat, not enough veggies. I was looking more for recipes for light meat free meals for one or two. Although, it did provide some ideas in which I can use to create what I want.

Like your eggs made a different way? If yes is your answer the buy this book and start cooking! I did and wasn’t disappointed.

perfect book for me I love eggs

So many new & interesting in cooking with eggs, will enjoy trying so many of the ones here in this publication really enjoyed it

Buenas ideas.

Great book

great

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